

Ohio Swimming, Inc.

Camps Program

Age Group Select Camp 11-14 year olds

April 25, 2010

Miami University, Oxford, Ohio

This motivational camp will serve 40 total swimmers (20) boys and (20) girls ages 11-14 who have placed Top 10 in their respective age group IMX rankings. The camp will consist of pool sessions, dryland sessions, and classroom sessions. The camp takes place at Miami University in Oxford, Ohio. This will be a long course training camp.

Selection Criteria:

Swimmers who meet the IMX standards may apply. Selection based on the order in which the application is received.

Qualifying Times and Period:

The qualifying period is September 1, 2009 through the 2010 JO Championships. IMX scores can be found at www.swimohio.com under the camps section. Applications are due no later than April 2, 2010. Athletes will be notified on their status within 7 days of their application being received.

Time: Campers will be expected to check-in by 10:00 a.m. at the natatorium. The camp will run until 5:00 p.m. Lunch will be included in the cost of the camp.

Cost: \$30 per swimmer plus travel

Travel Arrangements:

Travel to Oxford will be handled by each athlete.

For more information go to www.swimohio.com and click on "camps" or email Todd Billhimer at ohiocamps@gmail.com

2010 Age Group Select Camp Application

Athlete Name: _____ Age: _____

Address: _____

Email Address: _____ T-shirt size: _____

USA ID#: _____ Home Club: _____

IMX Rank: _____ Coach Signature: _____